

Western Maryland Super Sevens Tournament

Carroll County Sports Complex
2125 Littlestown Pike, Westminster MD 21158

Sunday, October 31st - 9th & 10th Graders
Sunday, November 7th – High School

Tournament Rules

7 on 7 - 2 Attack / 2 Middies / 2 Defense / 1 Goalie

- no more than 3 long sticks on field at a time
- face off to start game and 2nd half
- possession to goalie after scores / keeper allowed to go behind cage without pressure if the team that just scored wants to ride with pressure
- 5 goal mercy rule: when one team gets ahead by 5 goals, the losing team will get possession at the mid-line after the winning team scores
- field: 80 yds x 40 yds / goals 62 yds apart - games: 44 minutes / 22 min. running time halves / if game is 3 goal margin or less, final minute will be stop time
- 1 time out per team per half