



Dear Coach,

I hope this letter finds you well. **For four years now**, the men's lacrosse staffs of [Washington College \(MD\)](#) and [Washington & Lee University \(VA\)](#) have hosted Southern States Elite Lacrosse Camp in December on the campus of Washington & Lee. In that short time Southern States has become known as a **unique recruiting experience** for student-athletes who aspire to play collegiately.

Southern States is an **instructional recruiting** weekend where players will have a chance to showcase their skills in front of **DI, DII, and DIII college coaches**. Each player will be assigned to a team that will be coached by collegiate coaches. Every team will have instructional team practices before competing in **four (4) games** with sanctioned VA referees. An **All-Star Game** will be played on Saturday night showcasing the camp's best talent for the college coaches in attendance.

Schools Attending in Previous Years Include:

University of Maryland, University of North Carolina, University of Virginia, University of Pennsylvania, Bucknell University, Towson University, Lafayette College, Mount St. Mary's University, Sacred Heart University, Stony Brook University, Belmont Abbey College, Franklin & Marshall College, Ferrum College, Desales University, Limestone College, Lynchburg College, Mercer University, Randolph College, Roanoke College, Shenandoah University, St. Vincent College, Virginia Military Institute, Virginia Wesleyan, Arcadia University, Washington & Lee University, Washington College

What makes Southern States UNIQUE?

Camp will include:

a **College Admissions Program** run by a Washington & Lee University Admissions Counselor.
a **Student Life Presentation** given by a tenured Washington & Lee University faculty member.
a **Panel Discussion on Recruiting** with ALL the college coaches.
a **Strength and Speed Presentation** with a Washington & Lee University Strength and Conditioning Coach.
This camp is the **first of its kind** in the South!
Every camper will also be provided lunch on Saturday at Salerno's Restaurant.
Discounted hotel accommodations are available on our website.

High School Coaches are asked to nominate players from their team who they feel have the ability to play lacrosse at the collegiate level. **Nominations can be done in any of the following ways:**

- Email Coach Shirk at jshirk2@washcoll.edu with the names, position, graduation year, home addresses, and email addresses for your top players.
- Complete enclosed nomination form and fax to (410) 778-7741.
- Tell your players to visit www.shirklacrosse.com and register for Southern States Elite online.

We expect this camp to **fill-up fast**, so please encourage your players to register soon. Our website and Facebook page will be updated frequently with the list of College Coaches committed to working and/or attending the camp. Each of these coaches will receive a detailed packet with contact information for all players in attendance.

Please visit our website at www.shirklacrosse.com for more information and do not hesitate to contact us with questions. We look forward to hearing back from you about your top players!

Yours in Lacrosse,

Gene McCabe

Head Coach, Washington & Lee University

Jeff Shirk

Head Coach, Washington College

Attention:
Men's Lacrosse Office



Nominations Letter

*Please nominate your top high school players

Name: _____ Pos: _____ Grad. Year: _____

Mailing Address: _____
Address City State ZIP

Email Address: _____

Name: _____ Pos: _____ Grad. Year: _____

Mailing Address: _____
Address City State ZIP

Email Address: _____

Name: _____ Pos: _____ Grad. Year: _____

Mailing Address: _____
Address City State ZIP

Email Address: _____

Name: _____ Pos: _____ Grad. Year: _____

Mailing Address: _____
Address City State ZIP

Email Address: _____

Name: _____ Pos: _____ Grad. Year: _____

Mailing Address: _____
Address City State ZIP

Email Address: _____

Fax completed form to: (410) 778-7741