

F4 Showbine Rules

All High School Federation Rules Apply EXCEPT:

No horns, all substitutions are on the fly
1 30 sec time-out per half (can't take it in last 2 mins either half)
25 Minute halves running
All penalties are one minute running time

Game Time Procedures

Referees will keep the penalty clocks
Near side official will keep the penalty time and release it.
Centralized Horn to Start the games/2 min warning/ end game
25 minute halves, 5 minute halftime

Braveheart for tie breakers

NO Bravehearts, NO overtime
Games will end in tie